Adult Activity Center Senior Advisory Commission Meeting Minutes

Tuesday, February 8, 2022

Join Zoom Meeting
https://us02web.zoom.us/i/4799521830
Meeting ID: 479 952 1830

Meeting called to order at 1:02 p.m. by Chair Ed Sendelbach

ROLL CALL:
Chair – Ed Sendelbach, present
Vice Chair– Marcia Hedrick, present
Edd Bracken, present
Wendy-Jean Fischer, present
Mildred Miller, absent
AAC Coordinator – Katelyn Clavette, present
Liaison – Monica Miller, present

REVIEW AND APPROVAL OF PREVIOUS: January 11, 2022 meeting minutes with no corrections made. Motion made for approval by Marcia Hedrick, seconded by Wendy-Jean Fischer approved by Commission vote.

CITIZEN COMMENT ON NON-AGENDA ITEMS: Shirley Sendelbach commented that the hard copy of the newsletter has been wonderful to have. She loved the Central Transit and Hopesource presentation that occurred on Friday, February 4, 2022. There was a lot of useful information. She also mentioned that her daughter participated in SAIL exercise on Monday, February 7, 2022 and that it is a great workout for everyone.

Paula McMinn commented about the lead in the plane flyovers on Alder St and harmful effects that is has on health. She mentioned it is harmful for elders, baby, and pregnant women.

Monica Miller introduced herself as the new liaison for the Senior Advisory Commission. She has also served on the Arts commission for ten years and the lodging tax commission.

OLD BUSINESS: None

NEW BUSINESS

- **Commission Member Reports /Other Business**:
- **Staff Reports** - January check-ins 352
  New/renewals – 27

Activity and facility updates:

- Yoga is beginning on Tuesdays and Thursdays from 8:00-9:00 in March

- Meditation Mondays with Bob Ota beginning in April from 3-3:30.
- Notes to Neighbors will be March 3 from 2-3
- Special Events for March: Informative Insights David Schwan Ethics Discussion March 4, Movie Day Black Panther March 11, St Patrick's Day Party March 18.
- Upcoming Trips:
    - Great Gatsby on March 26 from 6:00 – 11:00 Cost is $72 user $77 non-user April 14 Tulip festival 8:00 – 6:00 $79 user and $84 non-user
    - May 10 Olive Branch Café 9:00 am – 5:00 pm $35.00 user and $45 non-user
    - June 9 Museum of glass 7:30 – 5:30 $66 user and 72 non-user
    - June 15 Mariners game 9:30 – 7:00 $67 user and $78 non-user
- Katelyn mentioned that if there is nothing on the agenda for the month, she will email the commission to cancel the meeting. The commission will meet at least once a quarter.

Meeting adjourned at 1:18 pm. Motion made by Edd Bracken, seconded by Marcia Hedrick, passed by Commission vote.

Next Senior Advisory Commission meeting will be held on Tuesday, March 8, 2022 at 1:00 p.m.